



## Shopping List

FRESH Fruits  
& Veggies

Dairy  
& Frozen

Grains  
& Nuts

Meats

Canned  
Goods

Condiments

| FRESH Fruits<br>& Veggies | Dairy<br>& Frozen | Grains<br>& Nuts | Meats | Canned<br>Goods | Condiments |
|---------------------------|-------------------|------------------|-------|-----------------|------------|
|                           |                   |                  |       |                 |            |